

# McDONALD'S PRODUCT INGREDIENTS

Information correct at time of printing.

## BEEF

<p><b>Big Mac</b></p>	<p><b>BIG MAC BUN:</b> <b>Wheat</b> Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), <b>Sesame Seed</b>, Iodised Salt, <b>Gluten, Soy</b> Flour, Preservative (282), Emulsifiers (471, 472e, 481), <b>Malt Flour</b>, Mineral Salt (170), Antioxidant (300, 304, 307, 330), Enzyme (1100) Vitamin (Thiamin, Folate).  <b>BEEF PATTIES:</b> Beef (100%)  <b>LETTUCE:</b> Iceberg Lettuce  <b>BIG MAC SAUCE:</b> <b>Soybean</b> Oil (Antioxidant (330)), Water, Relish [ Pickles, High Fructose Corn Syrup, Sugar, Distilled Vinegar, Preservative (202), Thickener (415), Natural Flavourings], Mustard [Water, Distilled Vinegar, Mustard Seed, Salt, Sugar, Colours (150d, 100), Spice], Salted <b>Egg</b> Yolks, Distilled Vinegar, Onion, Thickeners (1442, 415, 405), Spices, Sugar, Salt, Hydrolyzed Protein (Corn Gluten, <b>Soy</b>, <b>Wheat Gluten</b>), Preservative (211), Colours (160c, 150d, 100), Emulsifier (433), Garlic, Antioxidant (385).  <b>CHEESE:</b> Cheese (<b>Milk</b>, Salt, Starter Cultures, Enzyme (rennet)), Water, <b>Milk Solids, Butter</b>, Emulsifier (331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), <b>Soy</b> Lecithin, Preservative (200).  <b>PICKLES:</b> Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Flavour  <b>ONION:</b> Water, Dehydrated White Onion  <i>Contains gluten, egg, milk, soy &amp; sesame seeds. Note: Patty seasoned on grill with salt and pepper.</i></p>
<p><b>Cheeseburger</b>  (Double Cheeseburger &amp; Triple Cheeseburger)</p>	<p><b>REGULAR BUN:</b> <b>Wheat</b> Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Iodised Salt, <b>Gluten, Soy</b> Flour, Preservative (282), Emulsifiers (471, 472e, 481), <b>Malt Flour</b>, Mineral Salt (170), Antioxidant (300, 304, 307, 330), Enzyme (1100), Vitamin (Thiamin, Folate)  <b>BEEF PATTY:</b> Beef (100%).  <b>CHEESE:</b> Cheese (<b>Milk</b>, Salt, Starter Cultures, Enzyme (rennet)), Water, <b>Milk Solids, Butter</b>, Emulsifier (331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), <b>Soy</b> Lecithin, Preservative (200).  <b>KETCHUP:</b> Water, Tomato Paste, High Fructose Corn Syrup, Glucose Syrup, Vinegar, Salt, Spice  <b>PICKLE:</b> Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Flavour.  <b>ONION:</b> Water, Dehydrated White Onion.  <b>MUSTARD:</b> Water, Vinegar, Mustard Seed, Salt, Colour (100), Spice, Flavour.  <i>Contains gluten, milk and soy. REGULAR BUNS are produced on equipment that also produces products containing sesame seeds. Note: Patty seasoned on grill with salt and pepper.</i></p>
<p><b>Hamburger</b></p>	<p><b>REGULAR BUN:</b> <b>Wheat</b> Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Iodised Salt, <b>Gluten, Soy</b> Flour, Preservative (282), Emulsifiers (471, 472e, 481), <b>Malt Flour</b>, Mineral Salt (170), Antioxidant (300, 304, 307, 330), Enzyme (1100), Vitamin (Thiamin, Folate)  <b>BEEF PATTY:</b> Beef (100%).  <b>KETCHUP:</b> Water, Tomato Paste, High Fructose Corn Syrup, Glucose Syrup, Vinegar, Salt, Spice  <b>PICKLE:</b> Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Flavour.  <b>ONION:</b> Water, Dehydrated White Onion.  <b>MUSTARD:</b> Water, Vinegar, Mustard Seed, Salt, Colour (100), Spice, Flavour.  <i>Contains gluten and soy. REGULAR BUNS are produced on equipment that also produces products containing sesame seeds. Note: Patty seasoned on grill with salt and pepper</i></p>

<p><b>Grand Angus</b></p>	<p><b>BEEF PATTY:</b> Angus Beef (100%)  <b>SOURDOUGH BUN:</b> <b>Wheat</b> Flour, Water, Yeast, Canola Oil, Sugar, <b>Gluten</b>, Iodised Salt, <b>Soy Flour</b>, Emulsifiers (471, 481, 472e), Preservatives (262, 282), Antioxidants (270, 330, 300), Mineral Salts (170, 516), <b>Malt Flour</b>, Enzyme (1100), Vitamin (Thiamin, Folate)  <b>TOMATO:</b> Sliced Tomato  <b>CHEESE:</b> Cheese (<b>Milk</b>, Salt, Starter Cultures, Enzyme (rennet)), Water, <b>Milk Solids</b>, <b>Butter</b>, Emulsifier (331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), <b>Soy Lecithin</b>, Preservative (200).  <b>SALAD MIX:</b> Iceberg Lettuce, Mixed Green Baby Leaves (Rocket, Tatsoi, Green Coral, Green Multileaf)  <b>MAYONNAISE:</b> Water, <b>Soybean Oil</b> (Antioxidant (330)), <b>Egg</b> Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Thickener (415), Acidity Regulator (270), Preservative (202)  <b>PICKLES:</b> Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Flavour  <b>ONION:</b> Red Onion  <b>MUSTARD:</b> Water, Vinegar, Mustard Seed, Salt, Colour (100), Spice, Flavour.  <i>Contains gluten, egg, milk, soy.</i>  <b>BEEF PATTY</b> seasoned on grill with Angus Seasoning [Maltodextrin, Salt, Dextrose, Dehydrated Vegetables (Onion, Garlic), Flavour (<b>Milk, Soy</b>), Spices (Pepper), Yeast Extract, Colours (150d, 150a), Canola Oil, Free Flow agent (551)] and Salt &amp; Pepper.  <b>SOURDOUGH BUNS</b> are produced in a manufacturing facility which also produces products containing sesame seeds.  <b>ANGUS SEASONING</b> produced on a line that also produces products containing gluten, egg, sesame seed and sulphites.</p>
<p><b>Mighty Angus</b></p>	<p><b>BEEF PATTY:</b> Angus Beef (100%)  <b>SOURDOUGH BUN:</b> <b>Wheat</b> Flour, Water, Yeast, Canola Oil, Sugar, <b>Gluten</b>, Iodised Salt, <b>Soy Flour</b>, Emulsifiers (471, 481, 472e), Preservatives (262, 282), Antioxidants (270, 330, 300), Mineral Salts (170, 516), <b>Malt Flour</b>, Enzyme (1100), Vitamin (Thiamin, Folate).  <b>ONION RELISH:</b> Onions, Water, Brown Sugar, Balsamic Vinegar [contains preservative (224)], Maize Thickener (1422), Red Wine Vinegar, Mustard Seeds, Salt, Food Acids (260, 330), Colour (150c), Herb, Spice  <b>CHEESE:</b> Cheese (<b>Milk</b>, Salt, Starter Cultures, Enzyme (rennet)), Water, <b>Milk Solids</b>, <b>Butter</b>, Emulsifier (331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), <b>Soy Lecithin</b>, Preservative (200).  <b>BACON:</b> Pork, Water, Salt, Sugar, Mineral Salts (450, 451), Dextrose, Antioxidant (316), Food Acid (330), Sodium Nitrite (250), Spice Extract  <b>MAYONNAISE:</b> Water, <b>Soybean Oil</b> (Antioxidant (330)), <b>Egg</b> Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Thickener (415), Acidity Regulator (270), Preservative (202)  <b>ONION:</b> Red Onion  <i>Contains gluten, milk, egg, soy. Traces of sulphites.</i> <b>BEEF PATTY</b> seasoned on grill with Angus Seasoning [Maltodextrin, Salt, Dextrose, Dehydrated Vegetables (Onion, Garlic), Flavour (<b>Milk, Soy</b>), Spices (Pepper), Yeast Extract, Colours (150d, 150a), Canola Oil, Free Flow agent (551)] and Salt &amp; Pepper  <b>SOURDOUGH BUNS</b> are produced in a manufacturing facility which also produces products containing sesame seeds.  <b>ANGUS SEASONING</b> produced on a line that also produces products containing gluten, egg, sesame seed and sulphites  <b>ONION RELISH</b> contains traces of egg, fish and milk</p>
<p><b>Quarter Pounder with Cheese</b>  <b>(Double Quarter Pounder)</b></p>	<p><b>BEEF PATTY:</b> Beef (100%).  <b>QUARTER BUN:</b> <b>Wheat</b> Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), <b>Sesame Seed</b>, Iodised Salt, <b>Gluten, Soy Flour</b>, Preservative (282), Emulsifiers (471, 472e, 481), <b>Malt Flour</b>, Mineral Salt (170), Antioxidant (300, 304, 307, 330), Enzyme (1100) Vitamin (Thiamin, Folate).  <b>CHEESE:</b> Cheese (<b>Milk</b>, Salt, Starter Cultures, Enzyme (rennet)), Water, <b>Milk Solids</b>, <b>Butter</b>, Emulsifier (331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), <b>Soy Lecithin</b>, Preservative (200).  <b>KETCHUP:</b> Water, Tomato Paste, High Fructose Corn Syrup, Glucose Syrup, Vinegar, Salt, Spice.  <b>PICKLE:</b> Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Flavour.  <b>ONION:</b> Sliced Onion.  <b>MUSTARD:</b> Water, Vinegar, Mustard Seed, Salt, Colour (100), Spice, Flavour.  <i>Contains gluten, soy, milk and sesame seeds. Note: Patty seasoned on grill with salt and pepper.</i></p>

**CHICKEN & FISH**

<p><b>Classic Seared Chicken</b></p>	<p><b>SEARED CHICKEN BREAST FILLET:</b> Chicken, Water, Thickeners (1442, 1412), Salt, Yeast Extracts, Flavours, Sugar, Chicken Fat, Spices, Dehydrated Vegetables, Hydrolysed Vegetable Protein (<b>Wheat, Soy</b>), Chicken Broth (contains <b>Milk</b>), Mineral Salts (451, 339, 452), Colour (160c), Dextrose, Maltodextrin, Anticaking Agent (551), Flavour Enhancers (631, 627), <b>Wheat Gluten</b>, Vegetable Gum (415), Emulsifier (435), Acidity Regulator (330), Sunflower Oil  <b>SOURDOUGH BUN:</b> <b>Wheat</b> Flour, Water, Yeast, Canola Oil, Sugar, <b>Gluten</b>, Iodised Salt, <b>Soy Flour</b>, Emulsifiers (471, 481, 472e), Preservatives (262, 282), Antioxidants (330, 300), Mineral Salts (170, 516), Malt Flour, Enzyme (1100), Vitamin (Thiamin, Folate)  <b>SALAD MIX:</b> Iceberg Lettuce, Mixed Green Baby Leaves (Rocket, Tatsoi, Green Coral, Green Multi-leaf)  <b>MAYONNAISE:</b> Water, <b>Soybean Oil</b> (Antioxidant (330)), <b>Egg</b> Yolks, Modified Corn Starch (1401, 1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Vegetable Gum (415), Food Acid (270), Preservative (202).  <i>Contains gluten, egg, soy and milk. SOURDOUGH BUNS are produced in a manufacturing facility which also produces products containing sesame seeds..</i></p>
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<p><b>Crispy Chicken Deluxe</b></p>	<p><b>CRISPY CHICKEN:</b> Chicken, <b>Wheat</b> Flour, Water, Vegetable Oils (Canola, Palm and Sunflower), Breadcrumb [<b>Wheat</b> Flour, Water, Vegetable Oil (Canola), Yeast, Salt, Improver {<b>Wheat</b> Flour, Ascorbic Acid (300), Food Acid (263)}, Enzyme (Amylase)], Modified Starch (1422), Mineral Salts (450, 500, 451, 452), Salt, Flavours, Rice Starch, Yeast Extract, Spices, <b>Wheat</b> Gluten, <b>Egg</b> Powder, Anti-Caking Agent (551), <b>Whey</b> Protein, <b>Soy</b> Protein, Spice Extracts (160c, 100), Maltodextrin, Hydrolysed Vegetable Protein (<b>Soy</b>), Vegetable Powder  <b>SOURDOUGH BUN:</b> <b>Wheat</b> Flour, Water, Yeast, Canola Oil, Sugar, <b>Gluten</b>, Iodised Salt, <b>Soy</b> Flour, Emulsifiers (471, 481, 472e), Preservatives (262, 282), Antioxidants (270, 330, 300), Mineral Salts (170, 516), <b>Malt</b> Flour, Enzyme (1100), Vitamin (Thiamin, Folate)  <b>TOMATO:</b> Sliced Tomato  <b>CHEESE - COON TASTY:</b> <b>Milk</b>, Salt, Starter Culture, Rennet  <b>MAYONNAISE:</b> Water, <b>Soybean</b> Oil (Antioxidant (330)), <b>Egg</b> Yolks, Modified Corn Starch (1401, 1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Vegetable Gum (415), Food Acid (270), Preservative (202)  <b>SALAD MIX:</b> Iceberg Lettuce, Mixed Green Baby Leaves (Rocket, Tatsoi, Green Coral, Green Multi-leaf).  <i>Contains gluten, milk, egg, soy. SOURDOUGH BUNS are produced in a manufacturing facility which also produces products containing sesame seeds.</i>  <i>Note: Crispy Chicken is cooked in canola oil blend</i></p>
<p><b>Crispy Chicken Deluxe with Bacon</b></p>	<p><b>CRISPY CHICKEN:</b> Chicken, <b>Wheat</b> Flour, Water, Vegetable Oils (Canola, Palm and Sunflower), Breadcrumb [<b>Wheat</b> Flour, Water, Vegetable Oil (Canola), Yeast, Salt, Improver {<b>Wheat</b> Flour, Ascorbic Acid (300), Food Acid (263)}, Enzyme (Amylase)], Modified Starch (1422), Mineral Salts (450, 500, 451, 452), Salt, Flavours, Rice Starch, Yeast Extract, Spices, <b>Wheat</b> Gluten, <b>Egg</b> Powder, Anti-Caking Agent (551), <b>Whey</b> Protein, <b>Soy</b> Protein, Spice Extracts (160c, 100), Maltodextrin, Hydrolysed Vegetable Protein (<b>Soy</b>), Vegetable Powder  <b>SOURDOUGH BUN:</b> <b>Wheat</b> Flour, Water, Yeast, Canola Oil, Sugar, <b>Gluten</b>, Iodised Salt, <b>Soy</b> Flour, Emulsifiers (471, 481, 472e), Preservatives (262, 282), Antioxidants (270, 330, 300), Mineral Salts (170, 516), <b>Malt</b> Flour, Enzyme (1100), Vitamin (Thiamin, Folate)  <b>TOMATO:</b> Sliced Tomato  <b>CHEESE - COON TASTY:</b> <b>Milk</b>, Salt, Starter Culture, Rennet  <b>MAYONNAISE:</b> Water, <b>Soybean</b> Oil (Antioxidant (330)), <b>Egg</b> Yolks, Modified Corn Starch (1401, 1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Vegetable Gum (415), Food Acid (270), Preservative (202)  <b>SALAD MIX:</b> Iceberg Lettuce, Mixed Green Baby Leaves (Rocket, Tatsoi, Green Coral, Green Multi-leaf)  <b>BACON:</b> Pork, Water, Salt, Sugar, Mineral Salts (450, 451), Dextrose, Antioxidant (316), Food Acid (330), Sodium Nitrite (250), Spice Extract.  <i>Contains gluten, milk, egg, soy. SOURDOUGH BUNS are produced in a manufacturing facility which also produces products containing sesame seeds.</i>  <i>Note: Crispy Chicken is cooked in canola oil blend</i></p>
<p><b>Filet-O-Fish</b></p>	<p><b>REGULAR BUN:</b> <b>Wheat</b> Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Iodised Salt, <b>Gluten</b>, <b>Soy</b> Flour, Preservative (282), Emulsifiers (471, 472e, 481), <b>Malt</b> Flour, Mineral Salt (170), Antioxidant (300, 304, 307, 330), Enzyme (1100), Vitamin (Thiamin, Folate)  <b>FISH PORTION:</b> <b>Fish</b> [<b>Alaskan Pollock</b> or <b>Hoki</b>, Water, Acidity Regulator (451)], Water, Batter [Modified Food Starch (1422), Yellow Corn Flour, Cellulose Gum, Bleached Wheat Flour, Salt] Breader [<b>Wheat</b> Flour, Bleached <b>Wheat</b> Flour, Salt, <b>Whey</b>, Dextrose, Dried Yeast, Sugar, Paprika (160c) and Turmeric (100) Extract, Black Pepper].  <b>TARTAR SAUCE:</b> Pickles, Water, <b>Soybean</b> Oil, Distilled Vinegar, Onions and Onion Extracts, Modified Corn Starch, <b>Egg</b> Yolks, Corn Syrup Solids, Sugar, Salt, Spice, Vegetable Gum (415), Capers, Preservative (202), Dextrose, Dehydrated Parsley, Spice Extracts  <b>CHEESE:</b> Cheese (<b>Milk</b>, Salt, Starter Cultures, Enzyme (rennet)), Water, <b>Milk</b> Solids, <b>Butter</b>, Emulsifier (331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), <b>Soy</b> Lecithin, Preservative (200).  <i>Contains gluten, egg, milk, soy and fish. REGULAR BUNS are produced on equipment that also produces products containing sesame seeds. Note: Fish portion is cooked in canola oil blend..</i></p>
<p><b>Grand Crispy Chicken</b></p>	<p><b>CRISPY CHICKEN:</b> Chicken, <b>Wheat</b> Flour, Water, Vegetable Oils (Canola, Palm and Sunflower), Breadcrumb [<b>Wheat</b> Flour, Water, Vegetable Oil (Canola), Yeast, Salt, Improver {<b>Wheat</b> Flour, Ascorbic Acid (300), Food Acid (263)}, Enzyme (Amylase)], Modified Starch (1422), Mineral Salts (450, 500, 451, 452), Salt, Flavours, Rice Starch, Yeast Extract, Spices, <b>Wheat</b> Gluten, <b>Egg</b> Powder, Anti-Caking Agent (551), <b>Whey</b> Protein, <b>Soy</b> Protein, Spice Extracts (160c, 100), Maltodextrin, Hydrolysed Vegetable Protein (<b>Soy</b>), Vegetable Powder  <b>SOURDOUGH BUN:</b> <b>Wheat</b> Flour, Water, Yeast, Canola Oil, Sugar, <b>Gluten</b>, Iodised Salt, <b>Soy</b> Flour, Emulsifiers (471, 481, 472e), Preservatives (262, 282), Antioxidants (270, 330, 300), Mineral Salts (170, 516), <b>Malt</b> Flour, Enzyme (1100), Vitamin (Thiamin, Folate)  <b>ONION RELISH:</b> Onions, Water, Brown Sugar, Balsamic Vinegar [contains preservative (<b>224</b>)], Maize Thickener (1422), Red Wine Vinegar, Mustard Seeds, Salt, Food Acids (260, 330), Colour (150c), Herb, Spice  <b>TOMATO:</b> Sliced Tomato  <b>CHEESE - COON TASTY:</b> <b>Milk</b>, Salt, Starter Culture, Rennet  <b>SALAD MIX:</b> Iceberg Lettuce, Mixed Green Baby Leaves (Rocket, Tatsoi, Green Coral, Green Multi-leaf)  <b>ONION:</b> Red Onion  <b>MAYONNAISE:</b> Water, <b>Soybean</b> Oil (Antioxidant (330)), <b>Egg</b> Yolks, Modified Corn Starch (1401, 1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Vegetable Gum (415), Food Acid (270), Preservative (202)  <i>Contains gluten, milk, egg, soy and sulphites.</i>  <i>SOURDOUGH BUNS are produced in a manufacturing facility which also produces products containing sesame seeds. ONION RELISH contains traces of egg, fish and milk.</i>  <i>Note: Crispy Chicken is cooked in canola oil blend</i></p>

<p><b>Grand Seared Chicken</b></p>	<p><u>SEARED CHICKEN BREAST FILLET:</u> Chicken, Water, Thickeners (1442, 1412), Salt, Yeast Extracts, Flavours, Sugar, Chicken Fat, Spices, Dehydrated Vegetables, Hydrolysed Vegetable Protein (<b>Wheat, Soy</b>), Chicken Broth (contains <b>Milk</b>), Mineral Salts (451, 339, 452), Colour (160c), Dextrose, Maltodextrin, Anticaking Agent (551), Flavour Enhancers (631, 627), <b>Wheat Gluten</b>, Vegetable Gum (415), Emulsifier (435), Acidity Regulator (330), Sunflower Oil</p> <p><u>SOURDOUGH BUN:</u> <b>Wheat</b> Flour, Water, Yeast, Canola Oil, Sugar, <b>Gluten</b>, Iodised Salt, <b>Soy</b> Flour, Emulsifiers (471, 481, 472e), Preservatives (262, 282), Antioxidants (270, 330, 300), Mineral Salts (170, 516), <b>Malt</b> Flour, Enzyme (1100), Vitamin (Thiamin, Folate)</p> <p><u>ONION RELISH:</u> Onions, Water, Brown Sugar, Balsamic Vinegar [contains preservative (<b>224</b>)], Maize Thickener (1422), Red Wine Vinegar, Mustard Seeds, Salt, Food Acids (260, 330), Colour (150c), Herb, Spice</p> <p><u>TOMATO:</u> Sliced Tomato</p> <p><u>CHEESE - COON TASTY:</u> <b>Milk</b>, Salt, Starter Culture, Rennet</p> <p><u>SALAD MIX:</u> Iceberg Lettuce, Mixed Green Baby Leaves (Rocket, Tatsoi, Green Coral, Green Multi-leaf)</p> <p><u>ONION:</u> Red Onion</p> <p><u>MAYONNAISE:</u> Water, <b>Soybean</b> Oil (Antioxidant (330)), <b>Egg</b> Yolks, Modified Corn Starch (1401, 1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Vegetable Gum (415), Food Acid (270), Preservative (202) <i>Contains gluten, milk, egg, soy and sulphites.</i></p> <p><i>SOURDOUGH BUNS are produced in a manufacturing facility which also produces products containing sesame seeds. ONION RELISH contains traces of egg, fish and milk.</i></p>
<p><b>McChicken</b></p>	<p><u>McCHICKEN PATTY:</u> Chicken, Water, Flour (<b>Wheat, Maize, Soy</b>), Salt, Vegetable Oils (Canola, Sunflower), Thickeners (1400, 1420, 1422), Mineral Salts (450, 451, 500, 508), Maltodextrin, Garlic Powder, Pepper, Herbs, Spices, Spice Extract, Yeast, Vegetable Powders, Dextrose, Flavour, Emulsifiers (433, 472e), Vitamin (Thiamin), Antioxidants (320, 310), Acidity Regulator (330) Colours (100, 160c).</p> <p><u>QUARTER BUN:</u> <b>Wheat</b> Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), <b>Sesame Seed</b>, Iodised Salt, <b>Gluten, Soy Flour</b>, Preservative (282), Emulsifiers (471, 472e, 481), <b>Malt Flour</b>, Mineral Salt (170), Antioxidant (300, 304, 307, 330), Enzyme (1100) Vitamin (Thiamin, Folate).</p> <p><u>LETTUCE:</u> Iceberg Lettuce</p> <p><u>MAYONNAISE:</u> Water, <b>Soybean</b> Oil (Antioxidant (330)), <b>Egg</b> Yolks, Modified Corn Starch (1401, 1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Vegetable Gum (415), Food Acid (270), Preservative (202) <i>Contains gluten, egg, soy, sesame seeds. Traces of sulphites.</i> <i>Note: McChicken patty is cooked in canola oil blend.</i></p>
<p><b>McDippers</b></p>	<p>Chicken, <b>Wheat</b> Flour, Water, Manufactured Crumb [<b>Wheat</b> Flour, Salt, Dried Yeast, Sucrose, Spice Extracts (160c,100), <b>Soybean</b> Oil], Salt, Thickener (1422), Mineral Salts (450, 451, 452, 500), Spice (Pepper, Chilli), Vegetable Powders (Garlic, Onion, Celery), Potato Starch, Vegetable Oil (Canola Oil, <b>Soy</b>), Flavour, Raising Agent (341),Yeast Extract, Spice Extract (160c), Maltodextrin, Antioxidant (320), Dextrose, Sugar, Food Acids (330, 270), Anticaking Agent (551). <i>Contains gluten and soy. May contain traces of sulphites. Note: McDippers are cooked in canola oil blend</i></p>
<p><b>McNuggets</b></p>	<p>Chicken, Water, Flour (Maize, Bleached <b>Wheat</b>), Salt, Canola oil, Thickener (1404), Raising Agents and Mineral Salts (341, 451, 450, 500, 541, 551, 327), Whey (<b>Milk</b>), Spice, <b>Wheat</b> Starch. <i>Contains gluten &amp; milk Note: McNuggets are cooked in canola oil blend.</i></p>
<p><b>Mini Crispy Snack Wrap</b></p>	<p><u>CHICKEN STRIPS:</u> Chicken, <b>Wheat</b> Flour, Water, Manufactured Crumb [<b>Wheat</b> Flour, Salt, Dried Yeast, Sucrose, Spice Extracts (160c,100), <b>Soybean</b> Oil], Salt, Thickener (1422), Mineral Salts (450, 451, 452, 500), Spice (Pepper, Chilli), Vegetable Powders (Garlic, Onion, Celery), Potato Starch, Vegetable Oil (Canola Oil, <b>Soy</b>), Flavour, Raising Agent (341),Yeast Extract, Spice Extract (160c), Maltodextrin, Antioxidant (320), Dextrose, Sugar, Food Acids (330, 270) ,Anticaking Agent (551).</p> <p><u>TORTILLA:</u> <b>Wheat Flour</b> (Thiamin, Folic Acid), Water, Palm Shortening (Antioxidant 320), Mineral Salts (450,500,341), Sugar, Preservative (282), Food Acid (297).</p> <p><u>LETTUCE:</u> Iceberg Lettuce</p> <p><u>MAYONNAISE:</u> Water, <b>Soybean</b> Oil (Antioxidant (330)), <b>Egg</b> Yolks, Modified Corn Starch (1401, 1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Vegetable Gum (415), Food Acid (270), Preservative (202) <i>Contains gluten, egg, soy. May contain traces of sulphites in chicken strip. Note: Chicken Strips are cooked in canola oil blend</i></p>
<p><b>Mini Seared Snack Wrap</b></p>	<p><u>SEARED CHICKEN BREAST FILLET:</u> Chicken, Water, Thickeners (1442, 1412), Salt, Yeast Extracts, Flavours, Sugar, Chicken Fat, Spices, Dehydrated Vegetables, Hydrolysed Vegetable Protein (<b>Wheat, Soy</b>), Chicken Broth (contains <b>Milk</b>), Mineral Salts (451, 339, 452), Colour (160c), Dextrose, Maltodextrin, Anticaking Agent (551), Flavour Enhancers (631, 627), <b>Wheat Gluten</b>, Vegetable Gum (415), Emulsifier (435), Acidity Regulator (330), Sunflower Oil</p> <p><u>TORTILLA:</u> <b>Wheat Flour</b> (Thiamin, Folic Acid), Water, Palm Shortening (Antioxidant 320), Mineral Salts (450,500,341), Sugar, Preservative (282), Food Acid (297).</p> <p><u>LETTUCE:</u> Iceberg Lettuce</p> <p><u>MAYONNAISE:</u> Water, <b>Soybean</b> Oil (Antioxidant (330)), <b>Egg</b> Yolks, Modified Corn Starch (1401, 1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Vegetable Gum (415), Food Acid (270), Preservative (202) <i>Contains gluten, egg, soy and milk.</i></p>

<b>Seared Chicken Deluxe</b>	<p><b>SEARED CHICKEN BREAST FILLET:</b> Chicken, Water, Thickeners (1442, 1412), Salt, Yeast Extracts, Flavours, Sugar, Chicken Fat, Spices, Dehydrated Vegetables, Hydrolysed Vegetable Protein (<b>Wheat, Soy</b>), Chicken Broth (contains <b>Milk</b>), Mineral Salts (451, 339, 452), Colour (160c), Dextrose, Maltodextrin, Anticaking Agent (551), Flavour Enhancers (631, 627), <b>Wheat Gluten</b>, Vegetable Gum (415), Emulsifier (435), Acidity Regulator (330), Sunflower Oil</p> <p><b>SOURDOUGH BUN:</b> <b>Wheat</b> Flour, Water, Yeast, Canola Oil, Sugar, <b>Gluten</b>, Iodised Salt, <b>Soy</b> Flour, Emulsifiers (471, 481, 472e), Preservatives (262, 282), Antioxidants (270, 330, 300), Mineral Salts (170, 516), <b>Malt</b> Flour, Enzyme (1100), Vitamin (Thiamin, Folate)</p> <p><b>TOMATO:</b> Sliced Tomato</p> <p><b>CHEESE - COON TASTY:</b> <b>Milk</b>, Salt, Starter Culture, Rennet</p> <p><b>MAYONNAISE:</b> Water, <b>Soybean</b> Oil (Antioxidant (330)), <b>Egg</b> Yolks, Modified Corn Starch (1401, 1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Vegetable Gum (415), Food Acid (270), Preservative (202)</p> <p><b>SALAD MIX:</b> Iceberg Lettuce, Mixed Green Baby Leaves (Rocket, Tatsoi, Green Coral, Green Multi-leaf).</p> <p><i>Contains gluten, milk, egg, soy. SOURDOUGH BUNS are produced in a manufacturing facility which also produces products containing sesame seeds.</i></p>
<b>Seared Chicken Deluxe with Bacon</b>	<p><b>SEARED CHICKEN BREAST FILLET:</b> Chicken, Water, Thickeners (1442, 1412), Salt, Yeast Extracts, Flavours, Sugar, Chicken Fat, Spices, Dehydrated Vegetables, Hydrolysed Vegetable Protein (<b>Wheat, Soy</b>), Chicken Broth (contains <b>Milk</b>), Mineral Salts (451, 339, 452), Colour (160c), Dextrose, Maltodextrin, Anticaking Agent (551), Flavour Enhancers (631, 627), <b>Wheat Gluten</b>, Vegetable Gum (415), Emulsifier (435), Acidity Regulator (330), Sunflower Oil</p> <p><b>SOURDOUGH BUN:</b> <b>Wheat</b> Flour, Water, Yeast, Canola Oil, Sugar, <b>Gluten</b>, Iodised Salt, <b>Soy</b> Flour, Emulsifiers (471, 481, 472e), Preservatives (262, 282), Antioxidants (270, 330, 300), Mineral Salts (170, 516), <b>Malt</b> Flour, Enzyme (1100), Vitamin (Thiamin, Folate)</p> <p><b>TOMATO:</b> Sliced Tomato</p> <p><b>CHEESE - COON TASTY:</b> <b>Milk</b>, Salt, Starter Culture, Rennet</p> <p><b>MAYONNAISE:</b> Water, <b>Soybean</b> Oil (Antioxidant (330)), <b>Egg</b> Yolks, Modified Corn Starch (1401, 1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Vegetable Gum (415), Food Acid (270), Preservative (202)</p> <p><b>SALAD MIX:</b> Iceberg Lettuce, Mixed Green Baby Leaves (Rocket, Tatsoi, Green Coral, Green Multi-leaf)..</p> <p><b>BACON:</b> Pork, Water, Salt, Sugar, Mineral Salts (450, 451), Dextrose, Antioxidant (316), Food Acid (330), Sodium Nitrite (250), Spice Extract.</p> <p><i>Contains gluten, milk, egg, soy. SOURDOUGH BUNS are produced in a manufacturing facility which also produces products containing sesame seeds.</i></p>

## FRIES

<b>French Fries</b>	<p>Potato, Canola Oil &amp; Sunflower Oil, Dextrose, Mineral Salt (450), Antioxidant (320). OR  Potato, Canola Oil Blend, Antioxidant (320), Food Acid (330), Antifoam (900a), Dextrose.</p> <p><i>Note: French Fries are cooked in canola oil blend, salt added.</i></p>
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## CONDIMENTS

<b>Dipping Sauce, Creamy Ranch</b>	<p><b>Soybean</b> Oil (Antioxidant (320)) Water, <b>Buttermilk</b> Powder, Vinegar, <b>Egg</b> Yolk, Salt, Dehydrated Vegetables, Sugar, Acidity Regulator (270), Flavour (contains colours (100, 160b)), Preservative (202), Vegetable Gum (415), Lemon Juice Concentrate, Pepper, Parsley.</p> <p><i>Contains soy, milk, egg. Traces of sulphites.</i></p>
<b>Dipping Sauce, Honey Mustard</b>	<p>Water, Glucose, Sugar, Vinegar, Honey, Dijon Mustard (Water, Vinegar, Mustard, Wine, Salt, Sugar, Spices, Colour (150c)), Maltodextrin, <b>Egg</b> Yolk, <b>Soybean</b> Oil, Thickener (1442), Salt, Mustard, Colours (171, 150c, 100), Vegetable Gum (415), Preservative (211).</p> <p><i>Contains soy &amp; egg. May contain traces of sulphites.</i></p>
<b>Sauce, Barbecue</b>	<p>Water, Sugar, Vinegar, Tomato Paste, Soy Sauce (contains <b>Wheat and Soybeans</b>), Modified Food Starch (1414, 1442), Salt, <b>Soybean</b> Oil (Antioxidant 330), Thickeners (415, 466), Dextrose, Spices, Colour (150d), Flavours, Preservative (211), Flavour Enhancer (635), Dehydrated Garlic, Dehydrated Onion, Acidity Regulator (296), Anticaking Agent (551).</p> <p><i>Contains gluten and soy.</i></p>
<b>Sauce, Ketchup</b>	<p>Concentrated Tomatoes, Sugar, Vinegar, Salt, Natural Flavours (Celery, Clove, Onion, Cayenne), Spice OR  Water, Tomato Paste, Sugar, Vinegar, Salt, Onion Powder, Spices</p>
<b>Sauce, Mayonnaise</b>	<p><b>Soybean</b> Oil (Antioxidant [330], <b>Egg</b> Yolks, Water, Distilled Vinegar, Salt, Sugar, Spice, Lemon Juice Concentrate, Antioxidant (385).</p> <p><i>Contains soy and egg.</i></p>
<b>Sauce, Mustard</b>	<p>Water, Sugar, Vinegar, <b>Soybean</b> Oil (Antioxidant (330)), Spice and Spice Extract, Modified Food Starch (1450, 1422, 1442, 1401 (<b>Gluten</b>)), Salt, Thickeners (401, 415, 332), <b>Milk</b> Solids, Colour (150d), Preservative (211), Antioxidant (385).</p> <p><i>Contains gluten, milk and soy.</i></p>

<b>Sauce, Sweet and Sour</b>	High Fructose Corn Syrup, Water, Fruit Concentrate (Apricot and/or Peach), Vinegar, Teriyaki [ <b>Soy</b> Sauce, (Water, <b>Soybeans</b> , <b>Wheat</b> , Salt), Water, Sugar, Vinegar, Onion, Garlic, Preservative (211), Worcestershire Powder (Dextrose, Spices, Garlic, Salt, Thickener (466), Acidity Regulator (296), Flavour, Onion), Modified Starch (1422), Salt, <b>Soybean</b> Oil (Antioxidant {330}), Thickener (415), Mustard Powder, Apricot Flavour, Preservative (211), Colour (150d), Paprika Extract (160c), Anticaking Agent (551). <i>Contains gluten and soy.</i>
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## DELI CHOICES - WRAPS

<b>Crispy Chicken Caesar Wrap</b>	<p><b>CHICKEN STRIPS:</b> Chicken, <b>Wheat</b> Flour, Water, Manufactured Crumb [<b>Wheat</b> Flour, Salt, Dried Yeast, Sucrose, Spice Extracts (160c,100), <b>Soybean</b> Oil], Salt, Thickener (1422), Mineral Salts (450, 451, 452, 500), Spice (Pepper, Chilli), Vegetable Powders (Garlic, Onion, Celery), Potato Starch, Vegetable Oil (Canola Oil, <b>Soy</b>), Flavour, Raising Agent (341),Yeast Extract, Spice Extract (160c), Maltodextrin, Antioxidant (320), Dextrose, Sugar, Food Acids (330, 270) ,Anticaking Agent (551).</p> <p><b>TORTILLA:</b> <b>Wheat</b> Flour (Thiamin, Folic Acid), Water, Palm Oil (Antioxidant (320), <b>Wheat</b> Fibre, Raising Agents (450, 500, 341), Sugar, Iodised Salt, Preservative (282), Acidity Regulator (297), Mineral Salt (500)</p> <p><b>SALAD MIX:</b> Iceberg Lettuce, Mixed Green Baby Leaves (Rocket, Tatsoi, Green Coral, Green Multi-leaf)..</p> <p><b>CAESAR SAUCE:</b> Water, <b>Soybean</b> Oil (Antioxidant (320)), Vinegar, <b>Egg</b>, Dextrose, Sugar, Maltodextrin, Thickener (1442), <b>Buttermilk</b> Powder, Salt, <b>Cheese</b> Powders, <b>Cream</b> Powder, Lemon Juice Concentrate, Garlic, Flavours, Mustard, Pepper, Vegetable Gum (415).</p> <p><b>BACON:</b> Pork, Water, Salt, Sugar, Mineral Salts (450, 451), Dextrose, Antioxidant (316), Food Acid (330), Sodium Nitrite (250), Spice Extract.</p> <p><b>PARMESAN CHEESE:</b> <b>Milk</b>, Salt, Cultures, Enzymes (Rennet, Lipase) Anticaking Agent (460), Preservative (200) <i>Contains gluten, milk, egg, soy. Traces of sulphites in CAESAR SAUCE and CHICKEN STRIPS.</i> <i>Note: Chicken Strips cooked in canola oil blend.</i></p>
<b>Crispy Chicken Tandoori Wrap</b>	<p><b>CHICKEN STRIPS:</b> Chicken, <b>Wheat</b> Flour, Water, Manufactured Crumb [<b>Wheat</b> Flour, Salt, Dried Yeast, Sucrose, Spice Extracts (160c,100), <b>Soybean</b> Oil], Salt, Thickener (1422), Mineral Salts (450, 451, 452, 500), Spice (Pepper, Chilli), Vegetable Powders (Garlic, Onion, Celery), Potato Starch, Vegetable Oil (Canola Oil, <b>Soy</b>), Flavour, Raising Agent (341),Yeast Extract, Spice Extract (160c), Maltodextrin, Antioxidant (320), Dextrose, Sugar, Food Acids (330, 270) ,Anticaking Agent (551).</p> <p><b>TORTILLA:</b> <b>Wheat</b> Flour (Thiamin, Folic Acid), Water, Palm Oil (Antioxidant (320), <b>Wheat</b> Fibre, Raising Agents (450, 500, 341), Sugar, Iodised Salt, Preservative (282), Acidity Regulator (297), Mineral Salt (500).</p> <p><b>TOMATO:</b> Sliced Tomato.</p> <p><b>LETTUCE:</b> Iceberg Lettuce.</p> <p><b>CUCUMBER:</b> Sliced Cucumber.</p> <p><b>MINT &amp; YOGHURT SAUCE:</b> Water, <b>Yoghurt</b> Powder, Vinegar, <b>Soybean</b> Oil (Antioxidant (320)), Sugar, Invert Sugar Syrup, <b>Egg Yolk</b>, Thickener (1442 – contains <b>sulphites</b>), Acidity Regulator (270), Yeast Extract, Salt, Mint Leaves, Onion Powder (contains <b>sulphites</b>), Vegetable Gum (415), Preservative (202), Flavour, Colours (102, 133).</p> <p><b>TANDOORI SAUCE:</b> Water, Sugar, Vinegar, Pear Paste, Dextrose, Thickener (1422 - contains <b>sulphites</b>), Cumin, Yeast Extract, Lemon Juice Concentrate, Salt, Mustard Flour, Chilli, Ginger, Turmeric, Garlic (contains <b>sulphites</b>), Onion (contains <b>sulphites</b>), Cinnamon, Fenugreek, Pepper, Acidity Regulator (330), Flavours, Colours (124, 102). <i>Contains gluten, egg, milk, soy, sulphites.</i></p>
<b>Crispy Chicken Sweet Chilli Wrap</b>	<p><b>CHICKEN STRIPS:</b> Chicken, <b>Wheat</b> Flour, Water, Manufactured Crumb [<b>Wheat</b> Flour, Salt, Dried Yeast, Sucrose, Spice Extracts (160c,100), <b>Soybean</b> Oil], Salt, Thickener (1422), Mineral Salts (450, 451, 452, 500), Spice (Pepper, Chilli), Vegetable Powders (Garlic, Onion, Celery), Potato Starch, Vegetable Oil (Canola Oil, <b>Soy</b>), Flavour, Raising Agent (341),Yeast Extract, Spice Extract (160c), Maltodextrin, Antioxidant (320), Dextrose, Sugar, Food Acids (330, 270) ,Anticaking Agent (551).</p> <p><b>TORTILLA:</b> <b>Wheat</b> Flour (Thiamin, Folic Acid), Water, Palm Oil (Antioxidant (320), <b>Wheat</b> Fibre, Raising Agents (450, 500, 341), Sugar, Iodised Salt, Preservative (282), Acidity Regulator (297), Mineral Salt (500)</p> <p><b>LETTUCE:</b> Iceberg Lettuce</p> <p><b>CUCUMBER:</b> Sliced Cucumber</p> <p><b>SWEET CHILLI SAUCE:</b> Sugar, Water, Vinegar, Chilli Puree, Thickener (1422), Flavour, <b>Soybean</b> Oil (Antioxidant (320), Salt, Garlic, Vegetable Gums (415, 412), Spice</p> <p><b>MAYONNAISE:</b> Water, <b>Soybean</b> Oil (Antioxidant (330)), <b>Egg</b> Yolks, Modified Corn Starch (1401, 1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Vegetable Gum (415), Food Acid (270), Preservative (202) <i>Contains gluten, egg, milk and soy. May contain traces of sulphites in CHICKEN STRIPS.</i> <i>Note: Chicken Strips cooked in canola oil blend.</i></p>

<p><b>Seared Chicken Caesar Wrap</b></p>	<p><b>SEARED CHICKEN BREAST FILLET:</b> Chicken, Water, Thickeners (1442, 1412), Salt, Yeast Extracts, Flavours, Sugar, Chicken Fat, Spices, Dehydrated Vegetables, Hydrolysed Vegetable Protein (<b>Wheat, Soy</b>), Chicken Broth (contains <b>Milk</b>), Mineral Salts (451, 339, 452), Colour (160c), Dextrose, Maltodextrin, Anticaking Agent (551), Flavour Enhancers (631, 627), <b>Wheat Gluten</b>, Vegetable Gum (415), Emulsifier (435), Acidity Regulator (330), Sunflower Oil</p> <p><b>TORTILLA:</b> <b>Wheat</b> Flour (Thiamin, Folic Acid), Water, Palm Oil (Antioxidant (320), <b>Wheat</b> Fibre, Raising Agents (450, 500, 341), Sugar, Iodised Salt, Preservative (282), Acidity Regulator (297), Mineral Salt (500)</p> <p><b>SALAD MIX:</b> Iceberg Lettuce, Mixed Green Baby Leaves (Rocket, Tatsoi, Green Coral, Green Multi-leaf).</p> <p><b>CAESAR SAUCE:</b> Water, <b>Soybean</b> Oil (Antioxidant (320)), Vinegar, <b>Egg</b>, Dextrose, Sugar, Maltodextrin, Thickener (1442), <b>Buttermilk</b> Powder, Salt, <b>Cheese</b> Powders, <b>Cream</b> Powder, Lemon Juice Concentrate, Garlic, Flavours, Mustard, Pepper, Vegetable Gum (415).</p> <p><b>BACON:</b> Pork, Water, Salt, Sugar, Mineral Salts (450, 451), Dextrose, Antioxidant (316), Food Acid (330), Sodium Nitrite (250), Spice Extract.</p> <p><b>PARMESAN CHEESE:</b> <b>Milk</b>, Salt, Cultures, Enzymes (Rennet, Lipase) Anticaking Agent (460), Preservative (200) <i>Contains gluten, milk, egg, soy. Traces of sulphites in CAESAR SAUCE.</i></p>
<p><b>Tick Approved – Seared Chicken Tandoori Wrap</b></p>	<p><b>SEARED CHICKEN BREAST FILLET:</b> Chicken, Water, Thickeners (1442, 1412), Salt, Yeast Extracts, Flavours, Sugar, Chicken Fat, Spices, Dehydrated Vegetables, Hydrolysed Vegetable Protein (<b>Wheat, Soy</b>), Chicken Broth (contains <b>Milk</b>), Mineral Salts (451, 339, 452), Colour (160c), Dextrose, Maltodextrin, Anticaking Agent (551), Flavour Enhancers (631, 627), <b>Wheat Gluten</b>, Vegetable Gum (415), Emulsifier (435), Acidity Regulator (330), Sunflower Oil.</p> <p><b>TORTILLA:</b> <b>Wheat</b> Flour (Thiamin, Folic Acid), Water, Palm Oil (Antioxidant (320), <b>Wheat</b> Fibre, Raising Agents (450, 500, 341), Sugar, Iodised Salt, Preservative (282), Acidity Regulator (297), Mineral Salt (500).</p> <p><b>TOMATO:</b> Sliced Tomato.</p> <p><b>LETTUCE:</b> Iceberg Lettuce.</p> <p><b>CUCUMBER:</b> Sliced Cucumber.</p> <p><b>MINT &amp; YOGHURT SAUCE:</b> Water, <b>Yoghurt</b> Powder, Vinegar, <b>Soybean</b> Oil (Antioxidant (320)), Sugar, Invert Sugar Syrup, <b>Egg Yolk</b>, Thickener (1442 – contains <b>sulphites</b>), Acidity Regulator (270), Yeast Extract, Salt, Mint Leaves, Onion Powder (contains <b>sulphites</b>), Vegetable Gum (415), Preservative (202), Flavour, Colours (102, 133).</p> <p><b>TANDOORI SAUCE:</b> Water, Sugar, Vinegar, Pear Paste, Dextrose, Thickener (1422 - contains <b>sulphites</b>), Cumin, Yeast Extract, Lemon Juice Concentrate, Salt, Mustard Flour, Chilli, Ginger, Turmeric, Garlic (contains <b>sulphites</b>), Onion (contains <b>sulphites</b>), Cinnamon, Fenugreek, Pepper, Acidity Regulator (330), Flavours, Colours (124, 102). <i>Contains gluten, egg, milk, soy and sulphites.</i></p>
<p><b>Tick Approved - Seared Chicken Sweet Chilli Wrap</b></p>	<p><b>SEARED CHICKEN BREAST FILLET:</b> Chicken, Water, Thickeners (1442, 1412), Salt, Yeast Extracts, Flavours, Sugar, Chicken Fat, Spices, Dehydrated Vegetables, Hydrolysed Vegetable Protein (<b>Wheat, Soy</b>), Chicken Broth (contains <b>Milk</b>), Mineral Salts (451, 339, 452), Colour (160c), Dextrose, Maltodextrin, Anticaking Agent (551), Flavour Enhancers (631, 627), <b>Wheat Gluten</b>, Vegetable Gum (415), Emulsifier (435), Acidity Regulator (330), Sunflower Oil</p> <p><b>TORTILLA:</b> <b>Wheat</b> Flour (Thiamin, Folic Acid), Water, Palm Oil (Antioxidant (320), <b>Wheat</b> Fibre, Raising Agents (450, 500, 341), Sugar, Iodised Salt, Preservative (282), Acidity Regulator (297), Mineral Salt (500)</p> <p><b>LETTUCE:</b> Iceberg Lettuce</p> <p><b>CUCUMBER:</b> Sliced Cucumber</p> <p><b>SWEET CHILLI SAUCE:</b> Sugar, Water, Vinegar, Chilli Puree, Thickener (1422), Flavour, <b>Soybean</b> Oil (Antioxidant 320), Salt, Garlic, Vegetable Gums (415, 412), Spice</p> <p><b>MAYONNAISE:</b> Water, <b>Soybean</b> Oil (Antioxidant (330)), <b>Egg</b> Yolks, Modified Corn Starch (1401, 1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Vegetable Gum (415), Food Acid (270), Preservative (202) <i>Contains gluten, egg, milk and soy</i></p>

**SALAD AND FRUIT**

<p><b>Salad - Crispy Caesar Salad</b></p>	<p><b>SALAD MIX:</b> Iceberg Lettuce, Mixed Green Baby Leaves (Rocket, Tatsoi, Green Coral, Green Multi-leaf).</p> <p><b>CRISPY CHICKEN:</b> Chicken, <b>Wheat</b> Flour, Water, Vegetable Oils (Canola, Palm and Sunflower), Breadcrumbs [<b>Wheat</b> Flour, Water, Vegetable Oil (Canola), Yeast, Salt, Improver (<b>Wheat</b> Flour, Ascorbic Acid (300), Food Acid (263)), Enzyme (Amylase)], Modified Starch (1422), Mineral Salts (450, 500, 451, 452), Salt, Flavours, Rice Starch, Yeast Extract, Spices, <b>Wheat</b> Gluten, <b>Egg</b> Powder, Anti-Caking Agent (551), <b>Whey</b> Protein, <b>Soy</b> Protein, Spice Extracts (160c, 100), Maltodextrin, Hydrolysed Vegetable Protein (<b>Soy</b>), Vegetable Powder.</p> <p><b>PARMESAN CHEESE:</b> <b>Milk</b>, Salt, Cultures, Enzymes (Rennet, Lipase) Anticaking Agent (460), Preservative (200)</p> <p><b>BACON:</b> Pork, Water, Salt, Sugar, Mineral Salts (450, 451), Dextrose, Antioxidant (316), Food Acid (330), Sodium Nitrite (250), Spice Extract.</p> <p><b>BAGEL CHIPS:</b> <b>Wheat</b> Flour (Vitamin B1, Thiamin, Folic Acid), Canola Oil, Water, <b>Wheat Gluten</b>, Baker's Yeast, Dehydrated Vegetables (Garlic, Onion, Red Bell Peppers), Iodised Salt (Potassium Iodate), Maltodextrin, Gluten Softener (Raising Agent (920), Preservative (<b>223</b>)), Sugar, Crumb [<b>Wheat</b> Semolina, <b>Wheat</b> Flour, <b>Milk</b> Solids Non Fat, Canola Oil, Mineral Salts (341, 500), Emulsifier (481), Spice, Spice Extract (160c), Soy Derivatives], Herbs (Rosemary, Parsley, Sage, Thyme), Bread Improver [Flour Treatment Agent (300), Enzyme (1100)], Spice Extract (160c), Flavour. <i>Contains gluten, soy, milk, egg. Note: Crispy Chicken is cooked in canola oil blend.</i></p>
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<p><b>Salad - Crispy Classic Salad</b></p>	<p><u>SALAD MIX:</u> Iceberg Lettuce, Mixed Green Baby Leaves (Rocket, Tatsoi, Green Coral, Green Multi-leaf). <u>CRISPY CHICKEN:</u> Chicken, <b>Wheat</b> Flour, Water, Vegetable Oils (Canola, Palm and Sunflower), Breadcrumbs [<b>Wheat</b> Flour, Water, Vegetable Oil (Canola), Yeast, Salt, Improver (<b>Wheat</b> Flour, Ascorbic Acid (300), Food Acid (263)), Enzyme (Amylase)], Modified Starch (1422), Mineral Salts (450, 500, 451, 452), Salt, Flavours, Rice Starch, Yeast Extract, Spices, <b>Wheat</b> Gluten, <b>Egg</b> Powder, Anti-Caking Agent (551), <b>Whey</b> Protein, <b>Soy</b> Protein, Spice Extracts (160c, 100), Maltodextrin, Hydrolysed Vegetable Protein (<b>Soy</b>), Vegetable Powder <u>TOMATO:</u> Grape Tomatoes  <u>CUCUMBER:</u> Sliced Cucumber  <u>PARMESAN CHEESE:</u> <b>Milk</b>, Salt, Cultures, Enzymes (Rennet, Lipase) Anticaking Agent (460), Preservative (200)  <u>BAGEL CHIPS:</u> <b>Wheat</b> Flour (Vitamin B1, Thiamin, Folic Acid), Canola Oil, Water, <b>Wheat Gluten</b>, Baker's Yeast, Dehydrated Vegetables (Garlic, Onion, Red Bell Peppers), Iodised Salt (Potassium Iodate), Maltodextrin, Gluten Softener (Raising Agent (920), Preservative (<b>223</b>)), Sugar, Crumb [<b>Wheat</b> Semolina, <b>Wheat</b> Flour, <b>Milk</b> Solids Non Fat, Canola Oil, Mineral Salts (341, 500), Emulsifier (481), Spice, Spice Extract (160c), Soy Derivatives], Herbs (Rosemary, Parsley, Sage, Thyme), Bread Improver [Flour Treatment Agent (300), Enzyme (1100)], Spice Extract (160c), Flavour.  <i>Contains gluten, soy, milk, egg. Note: Chicken Breast Fillet is cooked in canola oil blend.</i></p>
<p><b>Salad - Garden Mixed</b></p>	<p><u>SALAD MIX:</u> Iceberg Lettuce, Mixed Green Baby Leaves (Rocket, Tatsoi, Green Coral, Green Multi-leaf).  <u>TOMATO:</u> Sliced Tomatoes.  <u>CUCUMBER:</u> Cucumber Slices</p>
<p><b>Salad - Seared Caesar Salad</b></p>	<p><u>SALAD MIX:</u> Iceberg Lettuce, Mixed Green Baby Leaves (Rocket, Tatsoi, Green Coral, Green Multi-leaf).  <u>SEARED CHICKEN BREAST FILLET:</u> Chicken, Water, Thickeners (1442, 1412), Salt, Yeast Extracts, Flavours, Sugar, Chicken Fat, Spices, Dehydrated Vegetables, Hydrolysed Vegetable Protein (<b>Wheat</b>, <b>Soy</b>), Chicken Broth (contains <b>Milk</b>), Mineral Salts (451, 339, 452), Colour (160c), Dextrose, Maltodextrin, Anticaking Agent (551), Flavour Enhancers (631, 627), <b>Wheat Gluten</b>, Vegetable Gum (415), Emulsifier (435), Acidity Regulator (330), Sunflower Oil  <u>PARMESAN CHEESE:</u> <b>Milk</b>, Salt, Cultures, Enzymes (Rennet, Lipase) Anticaking Agent (460), Preservative (200)  <u>BACON:</u> Pork, Water, Salt, Sugar, Mineral Salts (450, 451), Dextrose, Antioxidant (316), Food Acid (330), Sodium Nitrite (250), Spice Extract.  <u>BAGEL CHIPS:</u> <b>Wheat</b> Flour (Vitamin B1, Thiamin, Folic Acid), Canola Oil, Water, <b>Wheat Gluten</b>, Baker's Yeast, Dehydrated Vegetables (Garlic, Onion, Red Bell Peppers), Iodised Salt (Potassium Iodate), Maltodextrin, Gluten Softener (Raising Agent (920), Preservative (<b>223</b>)), Sugar, Crumb [<b>Wheat</b> Semolina, <b>Wheat</b> Flour, <b>Milk</b> Solids Non Fat, Canola Oil, Mineral Salts (341, 500), Emulsifier (481), Spice, Spice Extract (160c), Soy Derivatives], Herbs (Rosemary, Parsley, Sage, Thyme), Bread Improver [Flour Treatment Agent (300), Enzyme (1100)], Spice Extract (160c), Flavour.  <i>Contains gluten, soy, milk, egg.</i></p>
<p><b>Salad - Seared Classic Salad</b></p>	<p><u>SALAD MIX:</u> Iceberg Lettuce, Mixed Green Baby Leaves (Rocket, Tatsoi, Green Coral, Green Multi-leaf).  <u>SEARED CHICKEN BREAST FILLET:</u> Chicken, Water, Thickeners (1442, 1412), Salt, Yeast Extracts, Flavours, Sugar, Chicken Fat, Spices, Dehydrated Vegetables, Hydrolysed Vegetable Protein (<b>Wheat</b>, <b>Soy</b>), Chicken Broth (contains <b>Milk</b>), Mineral Salts (451, 339, 452), Colour (160c), Dextrose, Maltodextrin, Anticaking Agent (551), Flavour Enhancers (631, 627), <b>Wheat Gluten</b>, Vegetable Gum (415), Emulsifier (435), Acidity Regulator (330), Sunflower Oil  <u>TOMATO:</u> Grape Tomatoes  <u>CUCUMBER:</u> Sliced Cucumber  <u>PARMESAN CHEESE:</u> <b>Milk</b>, Salt, Cultures, Enzymes (Rennet, Lipase) Anticaking Agent (460), Preservative (200)  <u>BAGEL CHIPS:</u> <b>Wheat</b> Flour (Vitamin B1, Thiamin, Folic Acid), Canola Oil, Water, <b>Wheat Gluten</b>, Baker's Yeast, Dehydrated Vegetables (Garlic, Onion, Red Bell Peppers), Iodised Salt (Potassium Iodate), Maltodextrin, Gluten Softener (Raising Agent (920), Preservative (<b>223</b>)), Sugar, Crumb [<b>Wheat</b> Semolina, <b>Wheat</b> Flour, <b>Milk</b> Solids Non Fat, Canola Oil, Mineral Salts (341, 500), Emulsifier (481), Spice, Spice Extract (160c), Soy Derivatives], Herbs (Rosemary, Parsley, Sage, Thyme), Bread Improver [Flour Treatment Agent (300), Enzyme (1100)], Spice Extract (160c), Flavour.  <i>Contains gluten, soy, milk, egg.</i></p>
<p><b>Salad Dressing - Balsamic</b></p>	<p>Water, Balsamic Vinegar (contains Preservative (<b>224</b>), White Wine Vinegar* (contains Garlic, Canola Oil, Roasted Garlic, Lemon Juice), Sugar, <b>Soya</b> Bean Oil, (Antioxidant (319)), Salt, Pepper, Stabilisers (415, 440, 410, 407 (contains <b>gluten</b>)), Preservative (202)  <i>Contains soy &amp; sulphite. Traces of gluten</i>  * <i>Contains traces of fish, milk &amp; egg</i></p>
<p><b>Salad Dressing - Caesar</b></p>	<p><b>Soya</b> Bean Oil (Antioxidant (319)), White Wine Vinegar, Water, Lemon Juice (Preservative (211)), Parmesan Cheese (contains <b>Milk</b>), Sugar, <b>Egg</b> Yolk, Onion, Maize Thickener (1422), Salt, Garlic, Mustard, Acidity Regulator (330), <b>Anchovies</b>, Spice, Stabilisers (412, 415, contains <b>soy</b>), Preservative (202), Worcestershire Sauce (contains <b>Wheat &amp; Barley</b>), Flavours.  <i>Contains gluten, egg, milk, soy and fish</i></p>
<p><b>Salad Dressing - Italian</b></p>	<p>Water, Vinegar, Sugar, Salt, Vegetable Gums (440a, 415, 407, 410), Mineral Salts (341, 508), Red Capsicum, Acidity Regulators (330, 332), Flavours, Parsley, Garlic, Onion, Preservative (211), Spice, Colour (100)</p>
<p><b>Fruit Bag - Apple Slices</b></p>	<p>Apple Slices, Antioxidants (302,300), Mineral Salt (170)  <i>May contain Apple Seeds</i></p>



**BREAKFAST**

<p><b>Bagel – Boston Deli</b></p>	<p><b>BAGEL:</b> <b>Wheat</b> Flour, Water, Yeast, Sugar, Iodised Salt (Anticaking Agent (535), Potassium Iodate), Dough Conditioner [<b>Soy</b> Flour, Emulsifiers (481, 472e), Preservative (262), Mineral Salt (170), Ascorbic Acid (300), Enzymes (1100,1101,1104)]  <b>EGG:</b> Fresh Shell <b>Egg</b>  <b>TOMATO:</b> Sliced Tomato  <b>TASTY CHEESE:</b> <b>Milk</b>, Salt, Starter Cultures, Rennet  <b>BACON:</b> Pork, Water, Salt, Sugar, Mineral Salts (450, 451), Dextrose, Antioxidant (316), Acidity Regulator(330), Sodium Nitrite (250), Spice Extract  <b>AVOCADO SAUCE:</b> Avocado Pulp, Sugar, Salt, Acidity Regulators (450, 330), Thickeners (401, 415), Onion Puree, Antioxidant (300), Garlic Puree  <b>COOKING OIL:</b> Canola Oil, Emulsifiers (<b>Soy</b> Lecithin), Flavour, Antioxidant (320), Colour (160a), Acidity Regulator (330).  <i>Contains gluten, egg, milk and soy</i>  <i>Bagels are made on equipment which also produces products containing sesame seeds and cheese</i></p>
<p><b>Bagel – NYC Benedict</b></p>	<p><b>BAGEL:</b> <b>Wheat</b> Flour, Water, Yeast, Sugar, Iodised Salt (Anticaking Agent (535), Potassium Iodate), Dough Conditioner [<b>Soy</b> Flour, Emulsifiers (481, 472e), Preservative (262), Mineral Salt (170), Ascorbic Acid (300), Enzymes (1100,1101,1104)]  <b>EGG:</b> Fresh Shell <b>Egg</b>  <b>TASTY CHEESE:</b> <b>Milk</b>, Salt, Starter Cultures, Rennet  <b>HOLLANDAISE STYLE SAUCE:</b> Vegetable Oil, Lemon Juice, Water, <b>Egg</b>, Vinegar, <b>Milk</b> Solids, Thickener (1422), Salt, Cheese Powder (<b>Milk</b>, Barley <b>Gluten</b>), Maltodextrin, Sugar, <b>Butter</b>, Vegetable Gum (405), Onion, Flavours (<b>Milk</b>), Spices, Flavour Enhancer (635), Antioxidant (306 - <b>Soy</b>, <b>Soy</b> Oil), Preservatives (202,211), Colour (100 - Soy)  <b>BACON:</b> Pork, Water, Salt, Sugar, Mineral Salts (450, 451), Dextrose, Antioxidant (316), Acidity Regulator(330), Sodium Nitrite (250), Spice Extract  <b>COOKING OIL:</b> Canola Oil, Emulsifiers (<b>Soy</b> Lecithin), Flavour, Antioxidant (320), Colour (160a), Acidity Regulator (330).  <i>Contains gluten, egg, milk and soy</i>  <i>Bagels are made on equipment which also produces products containing sesame seeds and cheese</i></p>
<p><b>Bagel – with Jam and Whipped Butter</b></p>	<p><b>BAGEL:</b> <b>Wheat</b> Flour, Water, Yeast, Sugar, Iodised Salt (Anticaking Agent (535), Potassium Iodate), Dough Conditioner [<b>Soy</b> Flour, Emulsifiers (481, 472e), Preservative (262), Mineral Salt (170), Ascorbic Acid (300), Enzymes (1100,1101,1104)]  <b>STRAWBERRY JAM:</b> Sugar, Strawberries, Vegetable Gum (440), Acidity Regulator (330).  <b>WHIPPED BUTTER:</b> <b>Cream</b>, Salt.  <i>Contains gluten, milk and soy</i>  <i>Bagels are made on equipment which also produces products containing sesame seeds and cheese</i></p>
<p><b>Bakehouse Brekkie Roll</b></p>	<p><b>SOURDOUGH BUN:</b> <b>Wheat</b> Flour, Water, Yeast, Canola Oil, Sugar, <b>Gluten</b>, Iodised Salt, <b>Soy Flour</b>, Emulsifiers (471, 481, 472e), Preservatives (262, 282), Antioxidants (270, 330, 300), Mineral Salts (170, 516), <b>Malt Flour</b>, Enzyme (1100), Vitamin (Thiamin, Folate)  <b>EGG:</b> Fresh Shell <b>Egg</b>, Cooking Oil [<b>Soybean</b> Oil, Flavour (contains <b>milk</b>), <b>Soy</b> Lecithin, Colour (160a)]  <b>ROSTI:</b> Potato, Canola Oil, Salt, Dextrose (contains Preservative (220))  <b>BACON:</b> Pork, Water, Salt, Sugar, Mineral Salts (450, 451), Dextrose, Antioxidant (316), Food Acid (330), Sodium Nitrite (250), Spice Extract  <b>ONION RELISH:</b> Onions, Water, Brown Sugar, Balsamic Vinegar [contains preservative (224)], Maize Thickener (1422), Red Wine Vinegar, Mustard Seeds, Salt, Food Acids (260, 330), Colour (150c), Herb, Spice  <b>CHEESE SLICE:</b> Cheese (<b>Milk</b>, Salt, Starter Cultures, Enzyme (rennet)), Water, <b>Milk</b> Solids, <b>Butter</b>, Emulsifier (331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), <b>Soy</b> Lecithin, Preservative (200).  <i>Contains gluten, soy, egg, milk and sulphites.</i>  <i>SOURDOUGH BUN manufactured in a plant which produces products containing sesame seeds.</i>  <i>ONION RELISH contains traces of egg, fish and milk</i></p>
<p><b>Butter Portion</b></p>	<p><b>Cream</b>, Water, Salt  <i>Contains milk</i></p>
<p><b>English Muffin</b></p>	<p><b>ENGLISH MUFFIN:</b> <b>Wheat</b> Flour, Water, Yeast, Sugar, Iodised Salt, Vinegar, Canola Oil, <b>Gluten</b>, Emulsifiers (472e, 481 derived from <b>soy</b>), Preservatives (200, 282), <b>Soy</b> Flour, Ground Maize, Mineral Salt (170), Acidity Regulators (262, 297), Dough Conditioners (300, 516), Enzyme (1100), Vitamin (Thiamin, Folate).  <b>OIL:</b> Canola Oil, Emulsifiers (<b>Soy</b> Lecithin), Flavour, Antioxidant (320), Colour (160a), Acidity Regulator (330)  <i>Contains gluten and soy. ENGLISH MUFFINS are produced on equipment that also produces products containing sesame seeds Note: Available with your choice of Vegemite™, Honey, Strawberry Jam or Marmalade.</i></p>
<p><b>Hash Brown</b></p>	<p>Potato (traces of <b>sulphite</b>), Canola Oil Blend, Corn Starch, Salt, Dextrose, Emulsifier (471), Pepper, Antioxidant (320). OR  Potatoes, Canola Oil (Canola Oil, Antioxidant (320)), Potato Flake [(Optional) (Potatoes, Emulsifier (471), Mineral Salt (450), Acidity Regulator (330), Preservative (222)], Dextrose (Contains Preservative (220)), Mineral Salt (450), Seasoning (Black Pepper And Salt Blend, Modified Corn Starch, Black Pepper Extracts).  <i>Contains traces of sulphite. Note: Hash Brown is cooked in canola oil blend.</i></p>

<b>Honey Portion</b>	Honey.
<b>Hotcakes</b>	Water, <b>Wheat</b> Flour, <b>Whey</b> Powder, Maize Flour, Canola Oil, Sugar, <b>Egg</b> , Dextrose, Mineral Salts (341, 500), Emulsifiers (471, 481, 541), Salt, Vegetable Gum (415). <i>Contains gluten, egg and milk.</i> <i>Hotcakes are produced in a plant that also produces products containing sesame seeds.</i>
<b>Hotcake Syrup</b>	Corn Syrup, Sugar, Water, Flavour, Colour (150d).
<b>McMuffin- Bacon &amp; Egg</b>	<b>ENGLISH MUFFIN:</b> <b>Wheat</b> Flour, Water, Yeast, Sugar, Iodised Salt, Vinegar, Canola Oil, Gluten, Emulsifiers (472e, 481 derived from <b>soy</b> ), Preservatives (200, 282), <b>Soy</b> Flour, Ground Maize, Mineral Salt (170), Acidity Regulators (262, 297), Dough Conditioners (300, 516), Enzyme (1100), Vitamin (Thiamin, Folate). <b>EGG:</b> Fresh, Shelled <b>Egg</b> . <b>BACON:</b> Pork, Water, Salt, Sugar, Mineral Salts (450, 451), Dextrose (from maize), Antioxidant (316), Acidity Regulator (330), Sodium Nitrite (250), Spice Extract. <b>CHEESE SLICE:</b> Cheese ( <b>Milk</b> , Salt, Starter Cultures, Enzyme (rennet)), Water, <b>Milk</b> Solids, <b>Butter</b> , Emulsifier (331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), <b>Soy</b> Lecithin, Preservative (200). <b>OIL:</b> Canola Oil, Emulsifiers ( <b>Soy</b> Lecithin), Flavour, Antioxidant (320), Colour (160a), Acidity Regulator (330) <i>Contains gluten, egg, milk and soy. ENGLISH MUFFINS are produced on equipment that also produces products containing sesame seeds.</i>
<b>McMuffin- Sausage</b>	<b>ENGLISH MUFFIN:</b> <b>Wheat</b> Flour, Water, Yeast, Sugar, Iodised Salt, Vinegar, Canola Oil, Gluten, Emulsifiers (472e, 481 derived from <b>soy</b> ), Preservatives (200, 282), <b>Soy</b> Flour, Ground Maize, Mineral Salt (170), Acidity Regulators (262, 297), Dough Conditioners (300, 516), Enzyme (1100), Vitamin (Thiamin, Folate). <b>SAUSAGE PATTY:</b> Beef, Seasoning [Salt, Dried Glucose Syrup (from <b>wheat</b> ), Sucrose, Spices, Vegetable Powders (Garlic, Onion), Mineral Salt (341), Hydrolysed Vegetable Protein (from <b>soy</b> ), Antioxidant (306), Canola Oil, Spice Extracts]. <b>CHEESE SLICE:</b> Cheese ( <b>Milk</b> , Salt, Starter Cultures, Enzyme (rennet)), Water, <b>Milk</b> Solids, <b>Butter</b> , Emulsifier (331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), <b>Soy</b> Lecithin, Preservative (200). <b>OIL:</b> Canola Oil, Emulsifiers ( <b>Soy</b> Lecithin), Flavour, Antioxidant (320), Colour (160a), Acidity Regulator (330) <i>Contains gluten, milk and soy. ENGLISH MUFFINS are produced on equipment that also produces products containing sesame seeds</i>
<b>McMuffin- Sausage &amp; Egg</b>	<b>ENGLISH MUFFIN:</b> <b>Wheat</b> Flour, Water, Yeast, Sugar, Iodised Salt, Vinegar, Canola Oil, Gluten, Emulsifiers (472e, 481 derived from <b>soy</b> ), Preservatives (200, 282), <b>Soy</b> Flour, Ground Maize, Mineral Salt (170), Acidity Regulators (262, 297), Dough Conditioners (300, 516), Enzyme (1100), Vitamin (Thiamin, Folate). <b>EGG:</b> Fresh, Shelled <b>Egg</b> . <b>SAUSAGE PATTY:</b> Beef, Seasoning [Salt, Dried Glucose Syrup (from <b>wheat</b> ), Sucrose, Spices, Vegetable Powders (Garlic, Onion), Mineral Salt (341), Hydrolysed Vegetable Protein (from <b>soy</b> ), Antioxidant (306), Canola Oil, Spice Extracts] <b>CHEESE SLICE:</b> Cheese ( <b>Milk</b> , Salt, Starter Cultures, Enzyme (rennet)), Water, <b>Milk</b> Solids, <b>Butter</b> , Emulsifier (331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), <b>Soy</b> Lecithin, Preservative (200). <b>OIL:</b> Canola Oil, Emulsifiers ( <b>Soy</b> Lecithin), Flavour, Antioxidant (320), Colour (160a), Acidity Regulator (330) <i>Contains gluten, egg, milk and soy. ENGLISH MUFFINS are produced on equipment that also produces products containing sesame seeds .</i>
<b>Rosti Brekkie Wrap</b>	<b>TORTILLA:</b> <b>Wheat</b> Flour (Thiamin, Folic Acid), Water, Palm Oil (Antioxidant (320), <b>Wheat</b> Fibre, Raising Agents (450, 500, 341), Sugar, Iodised Salt, Preservative (282), Acidity Regulator (297), Mineral Salt (500) <b>EGG:</b> Fresh, Shelled <b>Egg</b> . <b>ROSTI:</b> Potato, Canola Oil, Salt, Dextrose (contains Preservative (220)) <b>BACON:</b> Pork, Water, Salt, Sugar, Mineral Salts (450, 451), Dextrose (from maize), Antioxidant (316), Acidity Regulator (330), Sodium Nitrite (250), Spice Extract. <b>CHEESE SLICE:</b> Cheese ( <b>Milk</b> , Salt, Starter Cultures, Enzyme (rennet)), Water, <b>Milk</b> Solids, <b>Butter</b> , Emulsifier (331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), <b>Soy</b> Lecithin, Preservative (200). <b>BARBECUE SAUCE:</b> Water, Sugar, Vinegar, Tomato Paste, Malt Vinegar (from <b>Barley &amp; Wheat</b> , traces of <b>sulphite</b> ), <b>Wheat</b> Flour, Salt, Dried Glucose Syrup, Colour (150c), Food Acid (330), Paprika, Vegetable Gums (415, 412), Flavour. <b>OIL:</b> Canola Oil, Emulsifiers ( <b>Soy</b> Lecithin), Flavour, Antioxidant (320), Colour (160a), Acidity Regulator (330) <i>Contains gluten, egg, milk, soy and sulphites.</i>
<b>Strawberry Jam Portion</b>	Sugar, Strawberries, Vegetable Gum (440), Acidity Regulator (330).
<b>Uncle Toby's Mixed Berry Muesli Cup</b>	Yoghurt & Fruit [ <b>Milk</b> (Skim <b>Milk</b> solids, <b>Milk</b> Solids, <b>Cream</b> ), Water, Sugar, Fruit (Raspberry, Blackberry, Boysenberry), Corn Starch, Modified Starch (1442), Food Acids (331), Flavours, Vegetable Gums (440), Colour (120), Live Yoghurt Culture], Muesli [Rolled <b>Oats</b> , Dried Fruits (Sultanas, Pear Fruit Pieces (Pear, Sugar, Food Acid (330)), Currants, Apricot Pieces (Apricot, Humectant (Glycerol)), Apple), <b>Wheat</b> Bran, Sugar, Linseed, Salt, <b>Malt</b> Extract, Pear Juice Concentrate, Emulsifier (471), Preservative (220)].  <i>Contains milk, gluten and sulphites. Made on production line that also produces products containing sesame seeds and other tree nuts.</i>
<b>Vegemite™ Portion</b>	Yeast Extract, Salt, Mineral Salt (508), Malt Extract (from <b>Barley</b> ), Colour (150d – contains preservative <b>sulphur dioxide</b> ), Vegetable Extract, Niacin, Thiamine, Riboflavin, Folate. <i>Contains gluten and sulphites</i>

Whipped Butter Portion	Cream, Salt. Contains milk.
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### HOT DRINKS

Black Coffee & Espresso Coffee	WATER. ROAST & GROUND COFFEE.
Flat White Coffee, Latte	MILK: Whole Fresh Milk WATER. ROAST & GROUND COFFEE. Contains milk.
Cappuccino - Espresso	MILK: Whole Fresh Milk WATER. ROAST & GROUND COFFEE. CHOC POWDER: Sugar, Cocoa Powder, <b>Whey</b> Powder, Flavour, Starch, Salt Contains milk.
Tea - Black	WATER TEA

### DRINKS

CalciYum Chocolate Flavoured Milk	Low Fat <b>Milk</b> , <b>Milk</b> Solids Non-Fat, Sugar, Cocoa (Min 0.8%), Vegetable Gums (460, 466, 407), Mineral (Calcium Carbonate), Flavours, Vitamin D. Contains milk
Coke	Carbonated Water, Sugar, Colour (150a), Acidity Regulator (338), Flavour, Caffeine
Coke- Diet	Carbonated Water, Colour (150d), Food Acids (338, 330, 331), Artificial Sweeteners (951, 950), Flavour, Preservative (211), Caffeine Phenylketonurics: Contains Phenylalanine
Coke Zero	Carbonated Water, Colour (150d), Food Acids (338, 331), Flavour, Sweeteners (951, 950), Preservative (211), Caffeine Phenylketonurics: Contains Phenylalanine
Fanta	Carbonated Water, Sugar, Acidity Regulator (330), Flavour, Preservative (211), Antioxidant (300), Colour (110).
Frozen Coca Cola	Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine
Frozen Fanta Raspberry	Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (122)
Fruit Fizz	Juices from Concentrate (Apple, Blackcurrant), Carbonated Water, Food Acid (330), Flavour, Colours (Fruit & Vegetable Juice), Preservatives (202, 211)
Iced Coffee	ICED COFFEE: Skim <b>Milk</b> , <b>Milk</b> , Sugar, Coffee Extract, Flavours (derived from <b>wheat</b> , contains <b>sulphites</b> ), Colour (150d- derived from <b>wheat</b> , contains <b>sulphites</b> ), Vegetable Gum (407) ICE Contains milk, gluten. Traces of sulphites
Juice – Extra Juicy - Apple	Reconstituted Apple Juice, Food Acid (330), Flavour, Preservatives (211, <b>223</b> ), Vitamin C (300) Contains sulphites
Juice – Nudie – Mango Fruit Blend	Apple, Mango, Orange, Banana, Passionfruit
Juice – Orange (Goulburn Valley)	Water, Orange Juice Concentrate, Preservatives (211,202), Colour (160a), Flavour
Orange Bowl Cordial	Water, Sugar, Reconstituted Orange Peel Extract, Reconstituted Orange Juice, Acidity Regulator (330), Flavour, Vegetable Gum (466), Preservatives (211, <b>Sodium Metabisulphite</b> ), Colour (110). <b>OR</b> Sugar, Reconstituted Orange Juice, Water, Acidity Regulator (330), Flavour, Colour (160a), Preservatives (211, <b>223</b> ). Contains sulphite
Powdered Shake Mix - Reconstituted	Water, <b>Milk</b> Solids Non Fat, Sugar, Glucose Solids (derived from <b>wheat</b> , contains <b>sulphites</b> ), Maltodextrin, <b>Butterfat</b> , Vegetable Gums (407, 412, 460, 466), Palm Oil, Antifoam (900a). Contains milk. Traces of gluten and sulphites
Shakes, Chocolate	SHAKE MIX: <b>Milk</b> , Sugar, <b>Milk</b> Solids, Glucose Syrup, Vegetable Gums (412, 407, 407a, 466), Stabiliser(452), Flavour CHOCOLATE SHAKE SYRUP: Invert Syrup, Glucose Syrup (contains preservative <b>sulphur dioxide</b> ), Water, Cocoa Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour. Contains milk and sulphites.

<b>Shakes, Chocolate with Oreo Cookie</b>	<b>SHAKE MIX:</b> Milk, Sugar, <b>Milk</b> Solids, Glucose Syrup, Vegetable Gums (412, 407, 407a, 466), Stabiliser(452), Flavour <b>CHOCOLATE SHAKE SYRUP:</b> Invert Syrup, Glucose Syrup (contains preservative <b>sulphur dioxide</b> ), Water, Cocoa Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour. <b>FUDGE TOPPING:</b> Sugar, Water, Glucose Syrup, Whole <b>Milk</b> Powder, Coconut Oil, Cocoa Powder, Modified Starch (1401), Salt, Stabiliser (401), Flavour, Preservative (202), Acidity Regulator (339). <b>OREO:</b> Sugar, <b>Wheat</b> Flour, Vegetable Shortening (contains Antioxidants (307, 319), Acidity Regulator (330), Emulsifier (471)), Cocoa, Maize Starch, Baking Powder, Salt, <b>Soy</b> Lecithin, Flavour (Vanillin), Chocolate. <i>Contains gluten, milk, soy and sulphites. OREO may contain traces of egg, sesame seeds and peanuts.</i>
<b>Shakes, Strawberry</b>	<b>SHAKE MIX:</b> Milk, Sugar, <b>Milk</b> Solids, Glucose Syrup, Vegetable Gums (412, 407, 407a, 466), Stabiliser(452), Flavour <b>STRAWBERRY SYRUP:</b> Invert Sugar Syrup, Water, Glucose Syrup (Preservative ( <b>sulphur dioxide</b> )), Sugar, Strawberry Juice Concentrate, Acidity Regulator (330), Preservative (211), Humectant (1520), Colours (129,110, 133), Flavour. <i>Contains milk and sulphites.</i>
<b>Shakes, Strawberry with Cadbury Dream white chocolate</b>	<b>SHAKE MIX:</b> Milk, Sugar, <b>Milk</b> Solids, Glucose Syrup, Vegetable Gums (412, 407, 407a, 466), Stabiliser(452), Flavour <b>STRAWBERRY SYRUP:</b> Invert Sugar Syrup, Water, Glucose Syrup (Preservative ( <b>sulphur dioxide</b> )), Sugar, Strawberry Juice Concentrate, Acidity Regulator (330), Preservative (211), Humectant (1520), Colours (129,110, 133), Flavour. <b>STRAWBERRY TOPPING SYRUP:</b> Strawberries, Sugar, Fruit Juice Concentrate (Pear), Water, Thickener (1422), Vegetable Gum (415), Flavour, Preservative (202), Antioxidant (300), Food Acid (296), Colour (129). <b>WHITE CHOCOLATE FLAKE:</b> Sugar, <b>Milk</b> Solids, Cocoa Butter, Emulsifiers ( <b>Soya</b> Lecithin), Flavour. <i>Contains milk and sulphites. WHITE CHOCOLATE FLAKES may contain traces of tree nuts. STRAWBERRY SYRUP TOPPING manufactured on a line that also processes products containing gluten, dairy and tree nuts</i>
<b>Shakes, Vanilla</b>	<b>SHAKE MIX:</b> Milk, Sugar, <b>Milk</b> Solids, Glucose Syrup, Vegetable Gums (412, 407, 407a, 466), Stabiliser(452), Flavour <b>VANILLA SYRUP:</b> Water, Sugar, Glucose Syrup (contains preservative <b>sulphur dioxide</b> ), Flavour, Colour (150), Preservative (211), Acidity Regulator (330). <i>Contains milk and sulphites.</i>
<b>Sprite</b>	Carbonated Water, Sugar, Acidity Regulators (330, 331), Flavour, Preservative (211).
<b>Water – Mt Franklin</b>	Spring Water
<b>Water – Frantelle</b>	Spring Water

## DESSERT

<b>Apple Pie</b>	Apple, Water, <b>Wheat</b> Flour, Vegetable Fats & Oils (Canola & Palm), Sugar, Thickeners (1412, 1422, 415, 466), Whey Powder (from <b>milk</b> ), Salt, Dextrose (from <b>wheat</b> ), Spices, Lemon Juice, Mineral Salts (170, 450, 500), Emulsifiers (471, 322 - from <b>soy</b> ), Flavour, Acidity Regulators (270, 330), Antioxidants (300, 320), Colour (160a). <i>Contains gluten, milk and soy. APPLE PIES are produced in a plant that also produces products containing sesame seeds. Note: Cooked in canola oil blend.</i>
<b>Birthday Party Cake – Double Choc</b>	Sugar, Thickened Cream ( <b>Cream</b> , Sugar, Gelatine, Vegetable Gum (407), Emulsifier (471)), <b>Wheat</b> Flour, Dark Compound Chocolate [Sugar, Palm Oil, Cocoa Powder, <b>Milk</b> Solids, Emulsifiers ( <b>Soy</b> Lecithin, 476), Flavours], Water, Blended Vegetable Oil [ <b>Soybean</b> Oil, Antioxidant (319), Antifoaming Agent (900a)], White Compound Chocolate [Sugar, Palm Kernel Oil, <b>Milk</b> Solids, Emulsifiers ( <b>Soy</b> Lecithin, 476, 492), Flavours], <b>Milk</b> , <b>Butter</b> , <b>Egg</b> , Sugared Egg Yolk [ <b>Egg</b> Yolk, Sugar], Creamed Cheese [ <b>Milk</b> , <b>Cream</b> , Salt, Vegetable Gums (410, 412, 415), Starter Culture], Cocoa Powder, Malt, Icing Mixture [Sugar, <b>Wheat</b> Starch], Mineral Salt (500), Vanilla Essence. <i>Contains gluten, milk, egg and soy. Traces of peanuts, almonds and hazelnuts</i>
<b>Birthday Party Cake – Ice Cream</b>	Water, <b>Cream</b> , Sugar, Whey Powder ( <b>Milk</b> ) Glucose Syrup (from <b>wheat</b> ), Skim <b>Milk</b> Concentrate, Confectionery [Sugar, Vegetable Fat (Emulsifiers (492, <b>Soy</b> Lecithin), Glucose (from <b>wheat</b> ), Water, Colours (102, 110, 122, 123, 124, 133)) Maltodextrin, Cocoa, Emulsifier (471 from <b>soy</b> ), Vegetable Gums (412, 466, 407a), Colours [150d (from <b>wheat</b> ) 155, 123, 102, 133, 122], Flavours. <i>Contains gluten, milk, soy. Ice cream cake is made on equipment that also processes products containing peanuts and tree nuts</i>
<b>McDonaldland Cookies</b>	<b>Wheat</b> Flour, Sugar, Palm Oil, Golden Syrup, Salt, Raising Agent (500), <b>Soy</b> Lecithin, Flavour. <i>Contains gluten and soy. May contain traces of peanut, hazelnut, dairy, egg and sesame seed.</i>
<b>McFlurry - M&amp;M's ®Minis</b>	<b>SUNDAE MIX:</b> Milk, <b>Milk</b> Solids, Sugar, <b>Cream</b> , Glucose (from <b>wheat</b> or maize, contains preservative <b>sulphur dioxide</b> ), Emulsifiers (433, 471), Vegetable Gums (407, 407a, 412, 466), Flavour. <b>M&amp;M'S® MINIS:</b> Milk Chocolate [Sugar, <b>Milk</b> Solids, Cocoa Mass, Cocoa Butter, <b>Soy</b> Lecithin, Salt, Flavours], Sugar, <b>Wheat</b> Starch, Glucose Syrup (from <b>Wheat</b> ), Colours (171, 129, 102, 110, 133), Vegetable Gum (414), Dextrin. <i>Contains gluten, milk and soy; traces of sulphites. M&amp;M'S® MINIS may contain traces of peanuts.</i>

<b>McFlurry – Oreo</b>	<u>SUNDAE MIX:</u> <b>Milk, Milk Solids, Sugar, Cream,</b> Glucose (from <b>wheat</b> or maize, contains preservative <b>sulphur dioxide</b> ), Emulsifiers (433, 471), Vegetable Gums (407, 407a, 412, 466), Flavour. <u>OREO:</u> Sugar, <b>Wheat</b> Flour, Vegetable Shortening [Palm and <b>Soy</b> (Antioxidants (307,319)), Acidity Regulator (330), Emulsifier (471)], Alkalised Cocoa, Maize Starch, Baking Powder, Salt, Emulsifier ( <b>Soy</b> Lecithin), Flavour, Chocolate. <i>Contains gluten, milk and soy; traces of sulphites. OREO may contain traces of egg, sesame seeds and peanuts.</i>
<b>Powdered Chocolate Soft Serve Mix - Reconstituted</b>	Water, Sugar, <b>Milk Solids Non Fat, Butterfat,</b> Glucose Syrup Solids, Maltodextrin, Cocoa, Coconut Oil, Vegetable Gums (407, 460, 466), Flavours, Acidity Regulators (330, 331), Colours (150, 102, 129, 110, 133), Malted (from <b>Barley</b> ) Milk Powder. <i>Contains milk and gluten</i>
<b>Powdered Soft Serve Mix - Reconstituted</b>	Water, Sugar, <b>Milk Solids Non Fat, Butterfat,</b> Glucose Solids, Coconut Oil, Vegetable Gums (407, 412, 466, 460), Flavour <i>Contains milk.</i>
<b>Sundae, Caramel</b>	<u>SUNDAE MIX:</u> <b>Milk, Milk Solids, Sugar, Cream,</b> Glucose (from <b>wheat</b> or maize, contains preservative <b>sulphur dioxide</b> ), Emulsifiers (433, 471), Vegetable Gums (407, 407a, 412, 466), Flavour. <u>HOT CARAMEL TOPPING:</u> Glucose Syrup (contains <b>Sulphite</b> ), Sugar, Water, Skim <b>Milk</b> Powder, <b>Butter,</b> Whole <b>Milk</b> Powder, Flavour, Acidity Regulators (339, 270), Salt, Stabiliser (440). <i>Contains milk; traces of gluten and sulphites.</i>
<b>Sundae Cone</b>	<u>SUNDAE MIX:</u> <b>Milk, Milk Solids, Sugar, Cream,</b> Glucose (from <b>wheat</b> or maize, contains preservative <b>sulphur dioxide</b> ), Emulsifiers (433, 471), Vegetable Gums (407, 407a, 412, 466), Flavour. <u>CONE:</u> <b>Wheat</b> Flour, Sunflower and Canola Oil (Antioxidant 306 and/or 320), Water, <b>Soy</b> Lecithin, Salt, Mineral Salt (500), Colour (110 – contains <b>sulphites</b> ). <i>Contains milk, soy and gluten; traces of sulphites. CONES are produced in a facility which also produces products containing peanuts, almonds &amp; hazelnuts.</i>
<b>Sundae, Hot Fudge</b>	<u>SUNDAE MIX:</u> <b>Milk, Milk Solids, Sugar, Cream,</b> Glucose (from <b>wheat</b> or maize, contains preservative <b>sulphur dioxide</b> ), Emulsifiers (433, 471), Vegetable Gums (407, 407a, 412, 466), Flavour. <u>HOT FUDGE TOPPING:</u> Sugar, Water, Glucose Syrup (contains <b>sulphite</b> ), Whole <b>Milk</b> Powder, Coconut Oil, Cocoa Powder, Modified Starch (1401), Salt, Stabiliser (401), Flavour, Preservative (202), Acidity Regulator (339). <i>Contains milk, sulphite; traces of gluten.</i>
<b>Sundae, Strawberry</b>	<u>SUNDAE MIX:</u> <b>Milk, Milk Solids, Sugar, Cream,</b> Glucose (from <b>wheat</b> or maize, contains preservative <b>sulphur dioxide</b> ), Emulsifiers (433, 471), Vegetable Gums (407, 407a, 412, 466), Flavour. <u>STRAWBERRY TOPPING:</u> Strawberries, Sugar, Water, Glucose Syrup (traces of <b>sulphite</b> ), Acidity Regulator (330), Flavour, Stabilisers (440,410), Preservative (202), Colours (129,133) <i>Contains milk; traces of gluten and sulphites.</i>
<b>Sundae, without Topping</b>	<u>SUNDAE MIX:</u> <b>Milk, Milk Solids, Sugar, Cream,</b> Glucose (from <b>wheat</b> or maize, contains preservative <b>sulphur dioxide</b> ), Emulsifiers (433, 471), Vegetable Gums (407, 407a, 412, 466), Flavour. <i>Contains milk; traces of gluten and sulphites.</i> <i>McDonald's Sundae without Topping is available on request.</i>

#### MISCELLANEOUS

<b>Canola Oil Blend</b>	Canola Oil Blend, Antifoam (900a).
<b>Splenda - Sweetener</b>	Dextrose, Maltodextrin, Sweetener Sucralose.